

**Tales and Travel Study Results:**

**Objective 1:** Older adults with dementia will demonstrate increased cognitive and social interaction during the Tales and Travel program.

Questions	Formal Caregivers (n=15)	Volunteers (n=77)
Observed Participants Socially Interacting a. Yes b. No c. No Response	100% - -	96% - 4%
Observed Social Interaction: a. Normal for the residents b. Increased c. Decreased d. I did not observe social interactions today e. This is my first time observing interactions f. No Response	36% 64% - - - -	61% 23% 6% 1% 6% 1%
Participants were cognitively engaged in the program a. Yes b. No c. No Response	100% - -	99% 1% -
Types of Cognitive engagement observed: a. Verbalization b. Memory Recall c. Reading Ability d. Emotional Responses e. Other	100% 64% 64% 21% -	94% 71% 74% 64% 4%
Cognitive interaction observed during program was: a. Normal b. Increased c. Decreased d. No cognitive interaction observed e. First Observation	43% 64% - - -	51% 26% 14% - 8%
Questions	Formal Caregivers (n=15)	Volunteers (n=77)
The facility was appreciative of the program a. Yes b. No c. No Response	Question N/A	97% 1% 1%
I had enough training provided a. Yes b. No c. No Response	Question N/A	92% - 8%

Rate satisfaction with program on a scale of 1-5 (1 lowest, 5 highest) a. 5 b. 4 c. 3 d. 2 e. 1 f. No Response	Question N/A	51% 39% 4% 6% - -
I plan to (or I do) use the skills demonstrated in this program to foster socialization and communication with residents. a. Yes b. No c. No Response	93% - 7%	Question N/A
If you have used the skills, indicate whether the following have occurred as a result: a. Improved communication and socialization with the residents b. Improved cognitive engagement with the residents c. Decreased stressful interactions d. Nothing has changed as a result	64% 43% - 14%	Question N/A
This program increased my satisfaction as a caregiver. a. Yes b. No c. No Response	93% - 7%	Question N/A
I received enough guidance during this program to develop long lasting skills. a. Yes b. No c. No Response	93% - 7%	92% - 8%
There were enough resources provided during this program. a. Yes b. No c. No Response	93% - 7%	91% 3% 6%
<b>Questions</b>	<b>Formal Caregivers (n=15)</b>	<b>Volunteers (n=77)</b>
Rate the benefits of the Tales & Travel program for individuals with dementia in each area on a scale of 1-5 (with 1 being the lowest and 5 being the highest)  Socialization		

a. 5	57%	38%
b. 4	29%	52%
c. 3	7%	3%
d. 2	-	8%
e. 1	-	-
f. No Response	-	-
<b>Creating Positive Emotions</b>		
a. 5	57%	32%
b. 4	36%	51%
c. 3	-	9%
d. 2	-	8%
e. 1	-	-
f. No Response	-	-
<b>Engaging Cognitive Skills</b>		
a. 5	57%	32%
b. 4	29%	58%
c. 3	7%	-
d. 2	-	9%
e. 1	-	-
f. No Response	-	-
<b>Improving Relationships with Caregivers</b>		
a. 5	43%	6%
b. 4	43%	44%
c. 3	-	6%
d. 2	-	-
e. 1	-	-
f. No Response	-	43%
<b>What is your overall opinion of the success of the Tales &amp; Travel program for the residents?</b>		
a. Excellent	79%	73%
b. Good	14%	19%
c. Fair	-	0%
d. Poor	-	0%
e. No Response	7%	8%
<b>Suggestions for improving the program include:</b>		
	Remind staff to keep voices down.	We love it, thank you!
	Some residents are not capable of participating.	Great program!

Attitudes Regarding Individuals with Dementia		
Individuals with dementia. . . .	Pre-Test Results (N=9)	Post Test Results (N=5)
Withdrawal from normal activities. a. True b. False	67% 33%	20% 60%
Lose the ability to read. a. True b. False	44% 56%	40% 60%
Are not interested in socializing. a. True b. False	22% 78%	0% 100%
Are not able to engage in 'normal' conversation. a. True b. False	11% 89%	0% 100%
Would not benefit from library services due to declining abilities. a. True b. False	0% 100%	0% 100%
Are active participants in society. a. True b. False c. No Response	56% 44% -	0% 80% 20%
Are shunned from society. a. True b. False c. No Response	67% 33%	40% 40% 20%
Should be included more in society. a. True b. False	100% -	80% 20%
Can learn new things. a. True b. False	67% 33%	100% -
Can hold valuable conversations. a. True b. False	89% 11%	100% -
Benefit from socialization. a. True b. False	100% -	100% -
Prior to engaging in this program, my attitude regarding individuals with dementia is: a. Negative b. Positive c. Neither positive or negative	- 44% 56%	N/A
As a result of the Tales and Travel Program, my attitude regarding individuals with dementia has: a. Improved b. Declined c. Remains Unchanged	N/A	80% - 20%